

Report on International Women's Day :-

Women's day is celebrated on 8 March every year as a focal point in the women's right movement.

cadets participated in various activities in declamation, painting competition, slogan writing to inspire youth towards women's safety and empowerment etc.

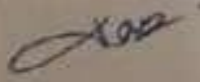
REPORT ON INTERNATIONAL WOMEN'S DAY

International women's day is celebrated on 8 March every year. cadets from 1 HP Girls BN NCC SOLAN also shows their presence as they made painting, declamation to inspire youth towards women's safety and empowerment etc.

Here are some glimpse of it:



Report submitted by:-
CTO Kavita



Report submitted to :-
Principal VGC

Principal
Vallabh Govt College
Mandi (H.P.)

Date - 4/3/24

A meeting of the Gender Sensitization Committee was held on 4/3/24 in dept. of maths regarding the celebration of International Women's Day 2024 in the college.

Following members were present

- (1) Prof Anjali Sharma
- (2) Prof Dayak Ram
- (3) Dr. Radhika Jansal
- (4) Dr. Bandha
- (5) Dr. Ganita
- (6) Prof Bhad
- (7) Prof Tenjin Chhomas
- (8) Prof Gunjan Kozari
- (9) Prof Heena

Following decisions were taken

- on 7th March, 2024 activities will be held in the college. Following activities were agreed upon-
- (i) Lecture of an Expert on Women issues.
 - (ii) 'A letter to the woman who inspires you' activity will be taken up
 - (iii) Showcasing of a women issues oriented movie.
- on 8th March 2024, activities will be taken up in the girls hostel such as quiz, lecture, poetry, posters.

Convenor

Events taken up on 7/3/24 (celebration held in dept. of Botany, Room No-17)

- (1) Lecture by Retd Prof. Smt Chandra Rekha ji through Wehika (in collaboration with Genpur)
- (2) 'A Letter to the woman who inspires you'
- (3) Showcasing of movie - 'Gujon Saxena: The Kargil Girl'

on 8/3/24 (celebration held in Girls' hostel)

- (1) Speech by student
- (2) Quiz competition (related to Women's day & women issues)
- (3) Poetry recitation by students.

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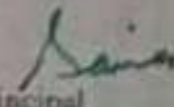
Report on celebration of International Women's Day in Vallabh Govt. College, Mandi by the Gender Sensitization Committee

International Women's Day, 2024, was celebrated by Vallabh Govt. College. On this occasion, the gender sensitization committee of the college organised various activities in the college on 7th and 8th March, 2024 based on the theme of Women's Day, 2024 'Invest in Women: Accelerate Progress'

On 7th March, a lecture was organized in collaboration with the Govt. College Nurpur through webinar. It was delivered by revered speaker and retired college professor Dr. Chandra Rekha. The lecture was very inspiring, and the speaker talked about the various impacts of patriarchy on society. She urged the girl students to take the first steps on their own for larger initiatives that would smash patriarchy. The committee also showcased a movie 'Gunjan Saxena: The Kargil Girl' inspired by the life of Flight Lieutenant Gunjan Saxena, who is 1999 Kargil war veteran on the same day. The movie showed highlighted the struggle of women in the male dominated occupations and also the importance of willpower in women, which would ensure the success of women in such spaces. Another activity, 'Write a Letter to the woman who inspires you,' was also conducted. The students wrote very heart touching and gratitude filled letters to their mother, sisters, and friends to acknowledge their roles. At the end of the programme, the convener of the gender sensitization committee Prof. Anju Sharma addressed the students highlighting the importance of the celebration of International Women's Day. She urged the students to work towards gender equality in society.

On 8th March, a series of activities were taken up in the college girl hostel. In the hostel, the activities were supervised by the member of the gender sensitization committee and hostel warden, Dr. Banita Kumari. All the activities were based on the theme of International Women's Day. The girls took part in poetry recitation and quiz competition. A speech was delivered by Shivangi, a student of MA English, on the importance of women's equality for the progress of society. The warden congratulated the girl students on the occasion of Women's Day and told them to lead their lives with courage and integrity. The programme was concluded by singing songs of gender equality.

(Photographs attached)
Convener
Prof. Anju Sharma


Principal
Vallabh Govt. College

Photographs for the events held on 7/3/24 and 8/3/24





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Session 2024-25 classmate

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20 July 2024

classmate

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Minutes of the Meeting: Gender Sensitisation Committee

The Gender Sensitisation Committee conducted a meeting on Saturday, 20th July 2024, at 12:30 PM in the staff room, chaired by the convener. The objectives of this meeting was to raise awareness, educate students on gender roles, promote gender equality, challenge stereotypes and create inclusive environment.

Committee Members and Attendees:

1. Dr. Bandna Devi *Dr. Bandna Devi Convener*
2. Ms. Jyotsana
3. Ms. Vrinda Shandil *Vrinda Shandil*
4. Dr. Kavita
5. Dr. Banita Saklani *Banita Saklani*
6. Ms. Heena
7. Ms. Tanzin Chhomo *Tanzin Chhomo*
8. Ms. Jyoti Thakur

Following suggestions and Proposals were invited:

1. Two new members were decided to be added in the committee:
Mr. Shivendra Sangar and Mr. Santosh
2. The Committee proposed to do one activity every month in the 2nd week depending upon the availability of the members and suitability to engage students
3. The committee decided to do an activity in the 2nd week of August on Health and Hygiene:
To educate especially girl students about maintaining physical and personal hygiene
To prevent girls from infections and diseases caused due to poor hygiene
To promote healthy habits on menstrual hygiene
Girl students will be sensitised about using sanitary vending machine and incineration.
They will be also sensitised about the importance of nutrition

Other proposed activities are as follows:

1. General Discourse on Gender Sensitization:
To foster an inclusive classroom environment
To promote understanding of diverse gender identities and address biases
To support the emotional well-being of all students
To Share their own experiences
2. Programme on Legal Rights and Land Rights for women:
To empower women to assert their rights,
To advocate for legal reforms,
To promote justice and fairness in society through students

3.1 Gender Neutral Language Training:

The training will help students to create a conducive environment to use gender- neutral languages.

Talk for PG students

Focus on positive feedback (Circulate Questionnaire and Google Forms to be generated)

3.2 Traditional Gender roles-

Students can make collage to encourage individual potential

Embrace gender diversity and allows everyone to pursue their passions and goals freely.

3.3 Gender and Media-

Engage small group of participants in classroom to cultivate critical thinking on the role of different genders in media

3.4 Empathy Building Exercises:

Storytelling: Encourage individuals to share personal experiences to understand different perspectives and emotions

Role Playing: Engage participants in scenarios where they take on different roles to see situations from various viewpoints.

4. Women's Cell (Day Care) (crèche)

Decisions were made to make a request for the requirement of Day Care Cell for staff

To enable professional opportunities without compromising childcare responsibilities

To facilitate a supportive environment for academic and personal development